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## **Submitted Abstract**

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## **Abstract**

Throughout history, out-migration has significantly impacted the Garhwal Himalaya. This is a common phenomenon, and people have used it to diversify their risk and livelihood options. This paper evaluates the extent of out-migration in the Garhwal Himalaya and examines the different types, patterns, reasons, and implications of out-migration. It identifies the importance of age, gender, education, caste, and altitude in influencing out-migration. This study was conducted by gathering data from the 12 villages of the Garhwal Himalaya. A total of 560 households were surveyed from the villages, covering 100% sample from each village. The authors constructed a structured questionnaire and asked the heads of each surveyed household about the types of migration they practice, the locations of migration, the reasons for migration, and the consequences of such migration. In addition, the authors asked about migrants' age, sex, caste, education, income, and occupation. The study reveals that out-migration in the Garhwal Himalaya has become a major problem since it has led to many socio-economic problems in the region. And if it is not addressed at its earliest, a large number of villages will become depopulated. Additionally, this study suggests some policy measures to curb out-migration from the Garhwal Himalaya.